

Helping Children Soar

The challenges children regularly face these days are many, and require more than even the best numeracy and literacy skills. Around the world, Life Skills-Based Education is being adopted as a means to empower young ones in challenging situations. Life skills refer to an interactive process of teaching and learning which enables learners to acquire knowledge and to develop attitudes and skills which support the adoption of healthy behavior.

At Al-Ameen Private School, our goal is to help children achieve their personal best in life. In a bid to cater the best of character education, the school held a life skills program which was conducted by professionals specializing in delivering Life Skills-Based Education. Learning about life-skills promotes self-responsibility and motivates children to maintain positive relationships and respect for others. It also helps children develop a broad range of personal, social, cognitive and environmental skills.

The program which was conducted for Years 4-11 was a mix of fun and educational exercises which not only taught the children the art of coordination and team work but showed the students a new way to succeed in life.

'Life's challenges are not supposed to paralyze you; they're supposed to help you discover who you are.' - Bernice Johnson Reagon.

